(1a) Organisation/group name: St Michael's Parish Church
(1b) Project name:
St Michael's Community Garden
(2) Tell us about your organisation / group (what do you do?) (150 words
maximum)
We are a local church with membership from the surrounding community. We have a number of
community groups running through the week that are open to and including a Parents and Toddlers, a
Friendship Club for senior citizens, a Warm Space for the local accessed by the local community
community during this current energy crisis and a Gardening Group.
Already an active Eco-Congregation and Fairtrade Church, we've adopted several initiatives to care for our
environment including running a weekly Fairtrade Stall, Council Kerbside Recycling Programme that include recycling Pill Packets, Biro Pens and Milktops.and a recycling initiative to complement the
We have a large grounds and gardens which are accessed daily by the public and which are maintained by our organically led gardening approaches with some area of the grounds currently being re-wilded by
local plants and flowersSt Michael's is situated in a soci. o-economically mixed and increasingly
ethnically diverse area of the city with a socio-diverse congregation.
(3 a) Please select the fund criteria which your project relates to (Select all
that apply)
$\square$ Create opportunities for community leadership and learning on climate
change
☐ Reduce greenhouse gas emissions within communities and contribute to the
net-zero target for Edinburgh
☐ Generate sustainable projects for the benefit of local people to build
resilience or adapt to climate change within communities

**Deadline for applications: 12th February 2023** 

⊠ Build relationships between neighbourhoods of different socio-economic and ethnic backgrounds to work together on just, equitable and accessible climate and resilience activities contributing to the cities net zero agenda, also ensuring that activities work towards reducing or removing barriers for disabled people in the transition to net zero.

# (3b) Tell us about the project you would use the money for. (500 words maximum)

St Michaels has a large grounds and garden situated on Slateford Road in Edinburgh, a main arterial route into the city.

This is currently maintained by the members of our Gardening Group.

This fund will allow us to develop the grounds and garden to become a space that will be a natural place to host nature and bio-diversity, providing natural year-round nectar and food as well as providing the local community with a natural space to find peace and calm in the heart of a busy city that will enhance mental health and wellbeing.

Our gardens have publicly accessible paths currently used daily by the local community.

We would like to enhance this area for public benefit in a way that provides a place where wellbeing is at the heart of the garden. We know through research that being in nature benefits people's mental health and wellbeing and know that the Grounds and Gardens can contribute positively to this.

#### We will do this by

Labyrinths have been in existence in recorded history for thousands of years. Research conducted by the Harvard Medical School's Mind/Body Medical Institute along with other research has shown that walking a labyrinth can clear the mind, calm anxiety enhance creativity and restore connection to the local community.

• Planting a **Living Labyrinth** at the side of the path currently used daily by the local community. The community accessing our groups will all participate in the planning, planting and maintaining the Labyrinth and we will run Labyrinth Walking Days to demonstrate the wellbeing benefits of this resource to the whole community.

#### We will also

- plant a wide variety of seeds, wildflowers, grasses and bulbs and shrubs that will include native plants and provide year round food for insects and birds.
- restore the planting that is already in existence to best promote bio-diversity.
- plan for the plant choices and growing and planting in full consultation with all members of our groups and open this consultation to the wider community by using workshop sessions and through social media.

We will provide learning opportunities by

**Displaying Information Boards** for events including the Economic and Bio COP Events, Plastic Free July and Global Wellness Day.

(4) Describe your project in no more than 30 words (this will be used for						
<b>publicity)</b> We will build a community garden that will be a natural haven and breathing space in the						
heart of the city for people and wildlife. It will improve bio-diversity and be a space to enhance mental health and wellbeing for all people in the local community.						
emiance mentar neatti	and wendering for an pec	opie in the local commun	ity.			
(5a) Who do you hop	e will benefit from th	nis project?				
The local community a	nd membership of the gr	roups using St Michael's.				
5b) Is your group ope	en to all?					
⊠Yes		□No				
f no, please explain:						
5c) Will the project he haracteristics?	nave a positive impac	t on any of the follow	ing protected			
_		□ Dua sua a a a a	□ <b>D</b>			
□Disability	□Marriage or civil	□Pregnancy and	□Race			
	partnership	maternity				
□Sex	⊠Age	☐Sexual orientation	⊠Religion o belief			

(6) Where will the project be delivered?

 $\square$  Gender

reassignment

**Deadline for applications: 12th February 2023** 

Slateford Road	
Edinburgh	
(7) Project start date: 1 April 23 Project end date: 31 March 24	(8) How many people do you hope will benefit from your project?
(9) Is anyone else working with you on t ⊠Yes  If yes, please tell us about this:	the project?
This project will be a combined effort from all groups of St Michael's with the Gardening Pro The Gardening Group meets weekly and is op advertised as open to all interested members	ject as the lead group. en to all and like all our groups is open and of the public.
The Kirk Session, the church management gro	ap, will oversee the project.

**Deadline for applications: 12th February 2023** 

This Project has the full backing of the Kirk Session, the management group, of the church and which holds full Public Liability Insurance.

(11) Please outline a breakdown of the cost of delivering this project (including VAT).		(12) Do you have additional funding or income from charges which will contribute to this project? If yes, please detail below	
Goods/Equipment/Time etc	£	Source	£
All age accessible Garden Tools	£ 350		
Labyrinth Materials including	£ 600		
soil, central paving, edging			
Labyrinth Plants	£ 500		
Established Tree Restoration	£1500		
Plants seeds bulbs and shrubs	£ 350		
Total Expenditure	£3300	Total income	

