(1a) Organisation/group name:

The Bike Station

(1b) Project name:

Free Family Cycling Events in Gorgie & Saughton

(2) Tell us about your organisation / group (what do you do?) (150 words maximum)

The Bike Station has been encouraging people to ride bikes for 20 years and we are experts in making cycling more accessible to individuals and communities.

Our community projects want more people to feel confident to ride their bikes, to know where to ride them and how to look after them. We offer a free to access bike programme working in partnership with local community groups and we also offer cycling lessons and maintenance classes. Finally, our bikes are donated and we refurbish them to give them for free as part of community programmes or make them available for public sale to help fund our work.

We are committed to tackling climate change and have a great circular model which aims to recycle and reuse as much as possible. We also make cycling more accessible to the public, which positively contributes to tackling climate change.

(3a) Please select the fund criteria which your project relates to (Select all that apply)

✓ Create opportunities for community leadership and learning on climate change

✓ Reduce greenhouse gas emissions within communities and contribute to the net-zero target for Edinburgh

 ✔ Generate sustainable projects for the benefit of local people to build resilience or adapt to climate change within communities
✔ Build relationships between neighbourhoods of different socio-economic and ethnic backgrounds to work together on just, equitable and accessible climate and resilience activities contributing to the cities net zero agenda, also ensuring that activities work towards reducing or removing barriers for disabled people in the transition to net zero.

(3b) Tell us about the project you would use the money for. (500 words maximum)

"It opened my eyes to a different world, the other day I was out walking with my partner and we started talking about whether we could cycle the path we were on, my brain's starting to think of more places, possibilities for what I can do" - Shifting Gears Participant

The Bike Station is a Scottish charity with 20 years experience in making cycling more accessible to the public. We do so by donating and selling refurbished second-hand bikes and by empowering individuals who are looking to become confident cyclists.

We are opening a new hub in Gorgie and we are keen to get involved with the community to increase the number of cyclists in the area. We recognise that for many people cycling has barriers; with our experience in delivering cycle training we hope to make people more confident and have more fun. We also want people to celebrate the area they live in, and organising local bike rides with members of the community is a great way to do that.

As an environmental charity, The Bike Station recognises the need for change in the way we travel by making a transition to less polluting vehicles, particularly with the Low Emission Zone coming into place in Edinburgh. We also know how important reducing air pollution and encouraging exercise from an early age can be from a health perspective. For these reasons, we would like to offer free to access bike rides led by us to members of the community. The rides would happen every 2 weeks between March and September and participants would receive free bike lights and bells, as well as a bike maintenance session before the ride for minor repairs.

The Bike Station is well placed to deliver these sessions to the public, having led 177 group rides in 2021 alone. We have a team of qualified ride leaders that will provide people with all the tools they need to not only become more confident cyclists but also enjoy this activity.

(4) Describe your project in no more than 30 words (this will be used for publicity)

We will provide free-to-access family bike rides led by us in Gorgie. Participants will be eligible for a bike health check, free accessories (lights and bells), access to led rides and refreshments.

(5a) Who do you hope will benefit from this project? Residents of a socially deprived part of the city, particularly young people and families.

The sessions are free to access for everyone, however we would be targeting young people and families specifically.

(5b) Is your group open to all? ✓ Yes

If no, please explain:

N/A

(5c) Will the project have a positive impact on any of the following protected characteristics?

Disability	\Box Marriage	Pregnancy	□Race
	or civil	and	
	partnership	maternity	
✔ Sex	✓ Age	\Box Sexual	□ Religion or
		orientation	belief

Gender reassignment

(6) Where will the project be delivered?		
Gorgie, Edinburgh		

(7)	Project start date: March 2023		
	Project end date: September		
2023			

(8) How many people do you hope will benefit from your project?

1500

(9) Is anyone else working with you on the project? ☐Yes ✓No

If yes, please tell us about this:

N/A

(10) Do you require permission from anyone or any additional insurance to carry out your project?

□Yes

✔No

If yes, please tell us about this:

N/A

(11) Please outline a breakdown cost of delivering this project (in VAT).	(12) Do you have additional funding or income from charges which will contribute to this project? If yes, please detail below		
Goods/Equipment/Time etc	£	Source	£
Coordinator time	456		
Communication Officer time	474		
Dr Bike Sessions	3300		
Ride Leader 1	753		
Ride Leader 2	753		
Event preparation cost (route	100		
planning/risk			
assessment/booking system			
Free accessories (lights and	3600		
bells)			
Promotional materials/cycling	800		
related materials			
Refreshments	840		
Evaluation	200		
Total	11276	Total income	